

## When Does Life Really Begin?

**"Dr. McQuaid will tell your audience..."**

- The latest discoveries of when life really begins
- Why infertility is the worst crisis one can face in life
- How the embryos of human beings alive today survived hibernation at -320 degrees
- The reasons why, when you relax, you may get pregnant
- Why the instinct to reproduce is the most powerful of all
- How to overcome the financial burden of infertility
- How to avoid marital problems associated with infertility and strengthen your relationships
- The benefits of meditation and yoga for treating infertility
- Why laughing is good medicine
- Simple stress reduction techniques for any situation
- Why depression worsens infertility, and how to overcome it
- How diet and lifestyle effect fertility
- How a near death experience inspired him to teach about infertility

**And Much More ...**

- **Millions of couples nationwide faced with infertility**

Infertility is a disease of the reproductive system that impairs the ability to get pregnant and carry a pregnancy to live birth. The causes are many with both male and female factors equally contributing. In up to 20 percent of cases, the cause is unexplained. The emotional consequences are devastating and include stress, anxiety and depression. Reducing stress and depression significantly improves the chances of getting pregnant.

### A Spiritual Path to Overcoming Infertility *Creating Your Miracle Family Now*



Dr. Matthew McQuaid

- **Scientific fact: if you relax, you may get pregnant**

Scientific studies have proven adverse emotions such as stress negatively impact fertility. If couples with infertility can make the commitment to practice stress reduction techniques, they may not need the expensive and exhausting treatments such as in vitro fertilization. In cases where in vitro fertilization is necessary, the outcome of those treatments improve with mind/body medical interventions.

- **The average cost of one in vitro fertilization cycle is \$12,000**

In the U.S., only a handful of states require mandated insurance benefits for infertility. This leaves millions of couples faced with the dilemma of paying out of pocket for infertility treatments. Alternative medical treatments are available at virtually no cost that can help couples overcome the condition.

- **Strong link established between emotional health and infertility**

Adverse emotions from stress and depression can impair reproductive function in both men and women. Depressed women are twice as likely to report infertility problems as non-depressed women. The good news is recent scientific studies show mind/body behavioral interventions such as meditation and yoga can reduce the stress and depression of infertility and can help couples actually become pregnant.



Dr. Matthew McQuaid is an expert on overcoming the challenges of infertility. Using mind/body medical techniques, he and his wife overcame adversity to have a miracle son they named, Luke. This incredible experience has inspired him to share his knowledge with others who want to create their own miracle. Relying on medical treatment alone may not be enough. Dr. McQuaid is the author of *A Spiritual Path to Overcoming Infertility* which guides couples with infertility toward the miracle family they deserve.

**A Spiritual Path to Overcoming Infertility is Available for \$16.95 at  
[www.miraclefamilynow.com](http://www.miraclefamilynow.com)**